

# **PROGRAMME OF THE DAY**

## **Understanding and Managing Bizarre and Challenging Behaviour**

9.00 Registration and Refreshments

9.30. Diagnosis of Autism- implications:

- Triad of impairments
- What we know about causes and connections
- A spectrum disorder

10.30 Coffee Break

10.50 Sensory processing problems

Sensory Integration

Anxiety and Relaxation

Communication: Intensive Interaction, PECS.

12.30 Lunch Break

1.15 Triggers for Challenging Behaviour

Eating and Dietary problems

Unstructured times of day

Onset of Puberty

2.45 Coffee Break

3.00 Challenging Behaviour – approaches and training: Gentle Teaching, Positive Handling

3.45 Action Planning.

